







# Strength for the Journey

## “New Covenant People”



Notes:

### Strength through Prayer:

Spend a few moments in prayer. Thank God for pouring out the Holy Spirit as the agent of the new covenant. Commit yourself to tap into the power of the Holy Spirit by listening to and obeying Him.

You may want to begin your prayer with these words:

“Heavenly Father, I thank You for the intimate relationship You offer through the agency of the Holy Spirit. I want to do more than just appreciate the privilege of being a new covenant person; I want to actualize that privilege by allowing Your Holy Spirit to flow in and through my life. May I hear, obey, and respect Your Spirit—and may I never quench or grieve Him.”

### Closing Call to Action:

Like a water faucet that is backed by phenomenal pressure just waiting to be released, if you’re a believer in Jesus Christ, if you’ve been to the cross—then you’ve got the reservoir of the Holy Spirit waiting to be released through you.

How are you treating the Holy Spirit? The Bible clearly says that we are not to quench the Holy Spirit. He is that fountain of living water. Quenching the Holy Spirit means to quench His voice and not listen to Him. Grieving the Holy Spirit means to disobey Him and to bring grief to His heart.

Do you want to keep the spigot closed and merely be a decoration on the sink of Christianity? Or do you want to flow with the power of God and truly be a new covenant person—where you tap the power of the Holy Spirit by listening to Him, obeying Him, and, as Jesus said, letting the rivers of living water flow from your life?

There’s the challenge. Welcome to the joy of being a new covenant person!

A vertical column of horizontal dotted lines for taking notes.